# Vortex proliferation in the Berezinskii-Kosterlitz-Thouless regime on a two-dimensional lattice of Bose-Einstein condensates 

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(Dated: February 18, 2013)


#### Abstract

We observe the proliferation of vortices in the Berezinskii-Kosterlitz-Thouless regime on a twodimensional array of Josephson-coupled Bose-Einstein condensates. As long as the Josephson (tunneling) energy $J$ exceeds the thermal energy $T$, the array is vortex-free. With decreasing $J / T$, vortices appear in the system in ever greater numbers. We confirm thermal activation as the vortex formation mechanism and obtain information on the size of bound vortex pairs as $J / T$ is varied.


PACS numbers: 03.75.Lm, 03.75.Gg, 74.50.+r, 74.81.Fa, 67.90.+z

One of the defining characteristics of superfluids is long-range phase coherence [1], which may be destroyed by quantum fluctuations, as in the Mott-insulator transition [2, 3], or thermal fluctuations, e.g. in onedimensional Bose gases [4, 5] and in a double-well system [6]. In two dimensions (2D), Berezinskii (7], Kosterlitz and Thouless [8] (BKT) developed an elegant description of thermal phase fluctuations based on the unbinding of vortex-antivortex pairs, i.e. pairs of vortices of opposite circulation. The BKT picture applies to a wide variety of 2D systems, among them Josephson junction arrays (JJA), i.e. arrays of superfluids in which phase coherence is mediated via a tunnel coupling $J$ between adjacent sites. Placing an isolated (free) vortex into a JJA is thermodynamically favored if its free energy $F=E-T S \leq 0$. In an array of period $d$ the vortex energy diverges with array size $R$ as $E \approx J \log (R / d)$ [9], but may be offset by an entropy gain $S \approx \log (R / d)$ due to the available $\approx R^{2} / d^{2}$ sites. This leads to a critical condition $(J / T)_{\text {crit }} \approx 1$ independent of system size, below which free vortices will proliferate. In contrast, tightly bound vortex-antivortex pairs are less energetically costly and show up even above $(J / T)_{\text {crit }}$. The overall vortex density is thus expected to grow smoothly with decreasing $J / T$ in the BKT crossover regime.

Transport measurements, both in continuous superfluids [10, 11] and superconducting JJA [12] have confirmed the predictions of BKT, without however directly observing its microscopic mechanism, vortex-antivortex unbinding. A recent beautiful experiment [13] in a continuous 2D Bose gas measured the phase-phase decay function through the BKT cross-over, and saw evidence for thermal vortex formation. For related theoretical studies see e.g. 14]. In this work we present more detailed vortexformation data, collected in a 2D array of BECs with experimentally controllable Joephson couplings. The system was studied theoretically in [15].

Our experiment starts with production of a partially Bose-condensed sample of ${ }^{87} \mathrm{Rb}$ atoms in a harmonic, axially symmetric magnetic trap with oscillation frequencies $\left\{\omega_{x, y}, \omega_{z}\right\}=2 \pi\{6.95,15.0\} \mathrm{Hz}$. The number of condensed atoms is kept fixed around $6 \times 10^{5}$ as the temperature is varied. We then transform this system into


FIG. 1: Experimental system. (a) 2D optical lattice intensity profile. A lattice of Josephson-coupled BECs is created in the white-shaded area. The central box marks the basic building block of our system, the double-well potential shown in (b). The barrier height $V_{O L}$ and the number of condensed atoms per well, $N_{\text {well }}$, control the Josephson coupling $J$, which acts to lock the relative phase $\Delta \phi$. A cloud of uncondensed atoms at temperature T induces thermal fluctuations and phase defects in the array when $J<T$. (c) Experimental sequence: A BEC (i) is loaded into the optical lattice over $10 s$, suppressing $J$ to values around T . We allow $2 s$ for thermalization. To probe the system, we ramp off the lattice on a faster timescale $t_{r}$ (23] and take images of the recombined condensate. When $J$ is reduced below T (ii)-(vii), vortices (dark spots) appear as remnants of the thermal fluctuations in the array.
a Josephson junction array, as illustrated in Fig. 1. In a $10 s$ linear ramp, we raise the intensity of a 2 D hexagonal optical lattice [16] of period $d=4.7 \mu m$ in the $x-y$ plane. The resulting potential barriers of height $V_{O L}$ between adjacent sites [Fig 1 (b)] rise above the condensate's chemical potential around $V_{O L} \approx 250-300 \mathrm{~Hz}$, splitting it into an array of condensates which now communicate
only through tunneling. This procedure is adiabatic even with respect to the longest-wavelength phonon modes of the array [18, 19] over the full range of $V_{O L}$ in our experiments. Each of the $\approx 190$ occupied sites ( 15 sites across the BEC diameter $2 \times R_{T F} \approx 68 \mu m$ [20]) now contains a macroscopic BEC, with $N_{\text {well }} \approx 7000$ condensed atoms in each of the central wells at a temperature $T$ that can be adjusted between $30-70 n K$. By varying $V_{O L}$ in a range between 500 Hz and 2 kHz we tune $J$ between $1.5 \mu \mathrm{~K}$ and $5 n K$, whereas the "charging" energy $E_{c}$, defined in [1], is on the order of a few $p K$, much smaller than both $J$ and $T$. In this regime, thermal fluctuations of the relative phases $\Delta \phi_{T h} \approx \sqrt{T / J}$ are expected, while quantum fluctuations $\Delta \phi_{Q} \approx\left(E_{c} / 4 J\right)^{1 / 4}$ are negligible [1].

The suppression of the Josephson coupling greatly suppresses the energy cost of phase fluctuations in the x-y plane, between condensates, $J[1-\cos (\Delta \phi)]$, compared to the cost of axial (z) phase fluctuations inside the condensates [21]. As a result, axial phase fluctuations remain relatively small, and each condensate can be approximated as a single-phase object 22].

After allowing $2 s$ for thermalization, we initiate our probe sequence. We first take a nondestructive thermometry image in the x-z plane, from which the temperature $T$ and, from the axial condensate size $R_{z}$, the number of condensed particles per well, $N_{\text {well }}$, is obtained (see below). To observe the phase fluctuations we then turn down the optical lattice on a time-scale $t_{r}$ [23], which is fast enough to trap phase winding defects, but slow enough to allow neighboring condensates to merge, provided their phase difference is small. Phase fluctuations are thus converted to vortices in the reconnected condensate, as has been observed in the experiments of Scherer et al. [24]. We then expand the condensate by a factor of 6 and take a destructive image in the $x-y$ plane.

Figure 1(c) illustrates our observations: (ii)-(vii) is a sequence of images at successively smaller $J / T$ (measured in the center of the array [25]). Vortices, with their cores visible as dark "spots" in (iii)-(vii), occur in the BEC center around $J / T=1$. Vortices at the BEC edge appear earlier, as here the magnetic trap potential adds to the tunnel barrier, suppressing the local $J / T$ below the quoted value. That the observed "spots" are indeed circulation-carrying vortices and antivortices is inferred from their slow $\approx 100 \mathrm{~ms}$ decay after the optical lattice ramp-down, presumably dominated by vortex-antivortex annihilation. From extensive experiments on vortices in our system we know that circulation-free "holes" fill so quickly due to positive mean field pressure, that they do not survive the pre-imaging expansion. Vortices with identical circulation would decay by dissipative motion to the BEC edge, in our trap over $\gtrsim 10 \mathrm{~s}$.

To investigate the thermal nature of phase fluctuations, we study vortex activation while varying $J$ at different temperatures. For a quantitative study, accurate parameter estimates are required. The Josephsoncoupling energy $J$ is obtained from 3D numerical simulations of the Gross-Pitaevskii equation (GPE) for


FIG. 2: Quantitative study of vortices. The areal density of vortices is quantified by the plotted $\mathcal{D}$ defined in the text. $\mathcal{D}$ is extracted only from the central $11 \%$ of the condensate region [circle in inset (a)] to minimize effects of spatial inhomogeneity. (b) $\mathcal{D}$ vs $J$ for two datasets with distinct "cold" and "hot" temperatures. Each point represents one experimental cycle. The increase in $\mathcal{D}$ with decreasing $J \lesssim 100 \mathrm{nK}$ signals the spontaneous appearance of vortices, while the "background" $\mathcal{D} \lesssim 0.01$ for $J \gtrsim 200 n K$ is not associated with vortices. Vortices clearly proliferate at larger $J$ for the "hot" data, indicating thermal activation as the underlying mechanism. The large scatter in $\mathcal{D}$ at low $J$ is due to shot noise on the small average number of vortices in the central condensate region. (c) same data as in (b), but averaged within bins of size $\Delta[\log (J)]=0.15$. Error bars of $\mathcal{D}$ are standard errors. (d) same data as (b), but plotted vs $J / T$. "Cold" and "hot" datasets almost overlap on what appears to be a universal vortex activation curve, as confirmed by averaging [inset (e)], clearly revealing the underlying competition of $J$ and $T$.
the central double-well system [6, 26] [Fig [1(b)], selfconsistently including mean-field interactions of both condensed and uncondensed atoms [27]. A useful approximation for $J$ in our experiments is [25]: $J\left(V_{O L}, N_{\text {well }}, T\right) \approx N_{\text {well }} \times 0.315 n K \exp \left[N_{\text {well }} / 3950-\right.$ $\left.V_{O L} / 244 H z\right](1+0.59 T / 100 n K)$. The finite- $T$ correction to $J$ arises from both the lifting-up of the BEC's chemical potential and the axial compression by the thermal cloud's repulsive mean field, but does not take into account the effects of phase fluctuations on $J$ (in condensed-
matter language, we calculate the bare $J) . N_{\text {well }}$ is determined by comparison of the experimentally measured $R_{z}$, to $R_{z}\left(V_{O L}, N_{\text {well }}, T\right)$ obtained from GPE simulations. Both experimental and simulated $R_{z}$ are obtained from a fit to the distribution of condensed and uncondensed atoms, to a Thomas-Fermi profile plus mean-fieldmodified Bose function [27]. In determination of all $J$ values, there is an overall systematic multiplicative uncertainty $\Delta J / J=\stackrel{\times}{\div} 1.6$, dominated by uncertainties in the optical lattice modulation contrast, the absolute intensity calibration, and magnification in the image used to determine $N_{\text {well }}$. In comparing $J$ for "hot" and "cold" clouds (see Fig. 2) there is a relative systematic error of $15 \%$ associated with image fitting and theory uncertainties in the thermal-cloud mean-field correction to $J$.

The qualitative results of our work are consistent whether we use an automated vortex-counting routine or count vortices by hand, but the former shows signs of saturation error at high vortex density, and the latter is vulnerable to subjective bias. As a robust vortex-density surrogate we therefore use the "roughness" $\mathcal{D}$ of the condensate image caused by the vortex cores. Precisely, we define $\mathcal{D}$ as the normalized variance of the measured column density profile from a fit to a smooth finite- $T$ Bose profile [27], with a small constant offset subtracted to account e.g. for imaging noise. To limit spatial inhomogeneity in $J$, caused by spatially varying condensate density and optical lattice intensity, to $<10 \%, \mathcal{D}$ is extracted only from the central $11 \%$ of the condensate area which contains 20 lattice sites [Fig. 2(a)]. Comparison to automated vortex-counts shows that $\mathcal{D}$ is roughly linear in the observed number of vortices, irrespective of the sign of their circulation, with a sensitivity of $\approx 0.01$ /vortex.

Figure 2 shows results of our quantitative study. In Fig. [2(b), we plot $\mathcal{D}$ vs $J$ for two datasets with distinct temperatures. At large $J \gtrsim 200 n K$ a background $\mathcal{D} \lesssim 0.01$ is observed, that is not associated with vortices, but due to residual density ripples remaining after the optical lattice ramp-down. Vortex proliferation, signaled by a rise of $\mathcal{D}$ above $\approx 0.01$, occurs around $J \approx 100 \mathrm{nK}$ for "hot" BECs and at a distinctly lower $J \approx 50 n K$ for "cold" BECs [confirmed by the averaged data shown in Fig. 2(c)], indicating thermal activation as the vortex formation mechanism. Plotting the same data vs $J / T$ in Fig. 2(d) shows collapse onto a universal vortex activation curve, providing strong evidence for thermal activation. A slight residual difference becomes visible in the averaged "cold" vs "hot" data [Fig $2(\mathrm{e})]$, perhaps because of systematic differences in our determination of $J$ at different temperatures.

The vortex density $\mathcal{D}$ by itself provides no distinction between bound vortex-antivortex pairs and free vortices. In the following we exploit the flexibility of optical potentials to distinguish free or loosely bound vortices from tightly bound vortex-antivortex pairs. A "slow" optical lattice ramp-down allows time for tightly bound pairs to annihilate before they can be imaged. By slowing down the ramp-down duration $\tau$ [inset of Fig. 3 (a)],


FIG. 3: (a) Vortex density $\mathcal{D}$ probed at different optical lattice ramp-down timescales $\tau$. A slow ramp provides time for tightly bound vortex-antivortex pairs to annihilate, allowing selective counting of loosely bound or free vortices only, whereas a fast ramp probes both free and tightly bound vortices. A fit to the vortex activation curve determines its midpoint $(J / T)_{50 \%}$, its $27 \%-73 \%$ width $\Delta(J / T)_{27-73}$, and the limiting values $\mathcal{D}_{<}\left(\mathcal{D}_{>}\right)$well below (above) $(J / T)_{50 \%}$. (b) A downshift in $(J / T)_{50 \%}$ is seen for slow ramps, consistent with the occurrence of loosely bound or free vortices at lower $J / T$ only. (c) Mapping between ramp-down timescale $\tau$ and estimated size of the smallest pairs surviving the ramp (upper axis). The difference $\mathcal{D}_{<}-\mathcal{D}_{>}$measures the number of vortices surviving the ramp (right axis). Comparison to simulated vortex distributions yields a size estimate of the smallest surviving pairs (upper axis). Inset: smallest possible pair sizes in a hexagonal array, I: $d / \sqrt{3}$, II: $d$, III: $2 d / \sqrt{3}$.
we therefore selectively probe vortices at increasing spatial scales. This represents an attempt to approach the "true" BKT vortex unbinding crossover that is complementary to transport measurements employed so successfully in superconductive and liquid Helium systems.

Figure 3(a) shows vortex activation curves, probed with two different ramp-down times. Two points are worth noticing: First, a slow ramp compared to a fast one shows a reduction of the vortex density $\mathcal{D}_{<}$in arrays with fully randomized phases at low $J / T$. The difference
directly shows the fraction of tightly bound pairs that annihilate on the long ramp. Second, a slower ramp shows vortex activation at lower $(J / T)_{50 \%}$, confirming that free or very loosely bound vortices occur only at higher T (lower $J$ ). Specifically, the data clearly show a range around $J / T \approx 1.4$ where only tightly bound pairs exist. Figure 3(b) quantitatively shows the shift of $(J / T)_{50 \%}$ from 1.4 to 1.0 with slower ramp time. We can make a crude mapping of the experimental ramp-down timescale to theoretically more accessible vortex-antivortex pair sizes as follows: In Fig. 3(c), we see the decrease of the saturated (low- $J / T$ ) vortex density $\mathcal{D}_{<}$with increasing ramp timescale $\tau$. The right axis shows the inferred number of vortices that survived the ramp. We compare this number of surviving vortices to simulations [28] of a 20-site hexagonal array with random phases. In these simulations we find, on average, a total of 10 vortices, 6 of which occur in nearest-neighbor vortex-antivortex pairs [configuration I in Fig. [3(c)], 1.7 (0.4) occur in configuration II (III) respectively, and 1.9 occur in larger pairs or as free vortices. Experimentally $\approx 11$ vortices are observed for the fastest ramps, in good agreement with the expected total number of vortices. For just somewhat slower ramps of $\tau \approx 5 \mathrm{~ms}$, only 3 vortices survive, consistent with only vortices in configuration II \& III or larger remaining (indicated in Fig. 3, top axis) 29]. For $\tau \gtrsim 30 \mathrm{~ms}$ ramps less than 2 vortices remain, according to our simulations spaced by more than $2 d / \sqrt{3}$. Thus we infer that ramps of $\tau \approx 30 \mathrm{~ms}$ or longer allow time for bound pairs of spacing $\lesssim 2 d / \sqrt{3}$ to decay before we ob-
serve them. The downward shift of $(J / T)_{50 \%}$ in Fig. 3(b) thus tells us that loosely bound pairs of size larger than $2 d / \sqrt{3}$, or indeed free vortices, do not appear in quantity until $J / T \leq 1.0$, whereas more tightly bound vortex pairs appear in large number already for $J / T \leq 1.4$.

A further interesting observation concerns the width of the vortex activation curve. The relative width, determined from fits to data such as the ones shown in Fig. 3(a), is $\Delta(J / T)_{27-73} /(J / T)_{50 \%} \approx 0.3$, independent of ramp-down duration. This width is neither as broad as in a double-well system [6, 30], where the coherence factor rises over a range $\Delta(J / T)_{27-73} /(J / T)_{50 \%} \approx 1.4$, nor as broad as expected from our simulations [28] of an array of uncoupled phases, each fluctuating independently with $\Delta \phi_{R M S}=\sqrt{T / J}$, for which we find $\Delta(J / T)_{27-73} /(J / T)_{50 \%} \approx 0.85$. Presumably collective effects in the highly multiply connected lattice narrow the curve. On the other hand, the width is 3 times larger than the limit due to spatial inhomogeneity in $J$, suggesting contributions to the width due to finite-size effects or perhaps revealing the intrinsically smooth behavior of vortex activation in the BKT regime.

In conclusion, we have probed vortex proliferation in the BKT regime on a 2D lattice of Josephson-coupled BECs. Allowing variable time for vortex-antivortex pair annihilation before probing the system provides a time-to-length mapping, which reveals information on the size of pairs with varying $J / T$. We acknowledge illuminating conversations with Leo Radzihovsky and Victor Gurarie. This work was funded by NSF and NIST.
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