

# DEI - INFORMED DIALOGIC LESSON PLAN EXAMPLE

Girls on the Run – Afterschool program for 3<sup>rd</sup>-5<sup>th</sup> grade girls

Week #: 6: Community Impact Project

**Lesson Focus and Goals:** The main focus of this lesson is for the participants to engage in critical thought and dialogue amongst themselves regarding their community and how they would like to make an impact as a team. Some goals include making connections outside of the classroom and to positivity make an impact on the community that surround them.

**Materials Needed:**

- Markers/Poster paper
- Outdoor, safe space

**Learning Objectives:**

- Engage in dialogue of commonalities between participants outside of the classroom
- Reflect on how the community impacts each participant and as a whole team

**Structure/ Activity:**

The lesson will be introduced by exploring the participants thoughts on what community means to them and their favorite part about their community. We begin the practice by sitting around in a circle on the ground, the leading coach will begin by asking the group what a community is. Many of the participants know to just begin sharing their thoughts while being respectful for others, so some of the called-out answers can include the park, the library, their cousin's house, etc. Then, we will go in a circle, beginning with the leading coach on what their favorite part of their community is. As the participants are sharing their thoughts, the coach is writing them down in a list, maybe tallying and grouping similar ones together. Once everyone has shared, the coach will repeat back the responses that were shared.

To determine how we can impact the community around us, during practice we will ask the girls to answer that very question with every lap that they complete. Once they run a lap, with a partner, they will share for example what they could do to improve or help the park next to the school. During laps, the coaches will collect each of the ideas and share them with the group as the lesson conclusion at the end. Then, they will introduce the fact that the girls will vote on their favorite during next practice so we can complete the community impact project in a week!

**Assessment:**

**Formative Assessment:**

- The above learning objectives will be met by the resulting collection of notes taken by the facilitator. Additionally, the critical dialogue during the lesson allows for authentic connections and hopeful realizations of similar outside of classroom experiences between participants to engage on a meaningful community impact project idea.