

Newton Fellows Microcredential Reflection

Values Statement

I value family the most/ This is because I believe that all forms of love (self-love, familial love, friendship love) and belonging are very important to me. I practice self-love through health and inner harmony. I know I feel uncomfortable or anxious when either are in disarray. I bring peace to these values through discipline, loyalty, and work life balance. Discipline keeps me grounded and loyalty (giving and expecting) helps me cherish the people that value their connection to me. Work life balance lets me have a meaningful life. So, I will have discipline, loyalty, and work life balance.

Your Leadership Point of View

To challenge myself to push past my limits and to appreciate and respect the limits of others to improve ourselves better.

Reflection

Newton Fellows is a wonderful program that has allowed me to meet people from various kinds of perspectives. As an engineering major, I have struggled to meet people from different majors as most of my classes and extracurriculars are surrounded by engineering majors. The opportunity to meet people with different interests, different backgrounds, and different journeys has enabled me to view the world with a new lens. I have always believed in learning new cultures and journeys because it transforms me as a person. There is at least one thing you can learn from each person you meet. That is what drives me to meet new people and learn new stories. This program has made me a better leader and a better person by teaching me skills I didn't even think of learning before.