

## **Your values statement that you created at the orientation with Peak to Peak Leadership**

Because I attended the Emerging Leaders Academy sessions, I wrote two values statements with Peak to Peak Leadership. I have added both statements below:

1. From orientation:
2. From the Emerging Leadership Academy session: “I will forever live my life full of gratitude, especially about the health that I've been given in this life. My family, both biological and chosen, are the most important relationships in my life, and I will continue to bring happiness & love to those relationships. With whatever I do or wherever I go, I will continue to grow to be the best person that I can be.”

## **Your leadership point of view that was created at the orientation**

My Leadership Point of View is “to be an ever-growing leader who takes care of his team, and incorporates love, fun, and passion to every leadership position he has.” My Leadership Point of View is “to be an ever-growing leader.”

## **A brief reflection paragraph on what you learned this year (a key takeaway, a specific skill you developed, or a new perspective)**

Thanks to the Newton Fellowship, I learned a variety of skills, such as interviewing and bias-checking skills. However, a key takeaway from the Newton Fellowship was the importance of vulnerability and emotional intelligence within leadership. For a majority of my life, I thought leaders had to show no emotions and/or mental struggles. I believed that leaders couldn't share thoughts, worries, or concerns with their team. However, throughout the year as a Newton Fellow, I prioritized exploring what it meant to be vulnerable. Whenever I hung out with the other Fellows in a social setting, I tried to “dip my toes” into the realm of emotional expression. Whenever I stood in front of my team as the director of CU GOLD, I reflected if vulnerability would be seen as a weakness, like I was conditioned to believe, or if it would be a strength.

While I still struggle with being emotionally expressive, I can say two things with confidence: 1) I have a new appreciation for vulnerability, both within a personal context and a leadership context, and 2) I do feel less restricted because I have been able to express my thoughts, feelings, and emotions with more people.

Truthfully, I'm still developing my own dynamic of leadership and vulnerability, but I now recognize how important it is for a leader to be vulnerable with their team.